

Youth Rules – Fighting system, Duo & Ne-Waza

General application

Anyone who does not reach the age (x) years at June 30th of the current year are allowed to compete in the class throughout the full competition season (July 1st – June 30th) *X = 8 years at U8 X = 10 years at U10 X = 12 years at U12 X = 15 years at U15*. Anyone entering U18 has to be 15 years old and U21 participant must be 18 years old.

Area of competition

- a Each area shall be at least 8 x 8 mtrs for Children and Youth competitions.
- b Match surface must be at least 4 x 4 meters in total
- c Safety zone and must be at least 2 meters wide and in a different color than the match area.

The referees

- a At Children and Youth competitions, only a match referee and one table referee is needed. Both holding a valid license.
- b For U12-U15 two side referees is recommended in addition to regular licensed referees. These can be licensed referees or experienced contest fighters who are 18 years or older, holding a minimum of 3 years of competition experience. A licensed referee will educate and inform them prior to the competition. Senior referee has the right to deny a person that he or she finds inappropriate

The course of the Match

- a Children and Youth fights is 2minutes.
- b U18 and U21's fights is 3minutes

Youth competition rules U8 (6 and 7 years)

Fighting system

All competitions will be judged based on the JJIF contest rules with the following changes.

Prohibited actions

- Part 1: All hand & leg techniques to the head (punches & kicks)
- Part 2: All throws must be executed in control with the opponent, holding on to one arm.
- Drop Seoi nage prohibited
- Makikomi and throws where Tori lands on the opponent is prohibited. (note, takedowns not included in prohibition)
- Locks and strangulations is not allowed.
- Part 3: No Locks or strangulations.

Weight categories (in kg's)

Girls & Boys; -15 -20 -25 -30

Youth competition rules U10 (8 and 9 years)

Fight Competition

All competitions will be judged based on the JJIF contest rules with the following changes.

Prohibited actions

- Part 1: All hand & leg techniques to the head (punches & kicks)
- Part 2: All throws must be executed in control with the opponent, holding on to one arm.
- Drop Seoi nage prohibited
- Makikomi and throws where Tori lands on the opponent is prohibited. (note, takedowns not included in prohibition)
- Locks and strangulations is not allowed.
- Part 3: No Locks or strangulations.

Weight categories (in kg's)

Girls; -20 -22 -25 -28 -32 -36 -40 +40

Boys; -21 -24 -27 -30 -34 -38 -42 +42

Duo

All competitions will be judged based on the JJIF contest rules with the following modifications.

Categories

- 1) Boys and boys
- 2) Boys and girls
- 3) Girls and girls

The organizer has the right to combine classes if ordinary classes is holding a unsatisfactory number of competitors.

<p><u>Series</u> Every Team displays two techniques from class A by their own choices, and two techniques from class B or C by their own choices. The latter has to be from the same serie since it is not allowed to mix techniques from series B and C.</p>
<p><u>Youth competition rules U12 (10 and 11 years)</u> <u>Fighting system</u> All competitions will be judged based on the JJIF contest rules with the following changes.</p>
<p><u>Prohibited actions</u> Part 1: Circular hand techniques to the head is allowed without contact. Any foot techniques to the head is prohibited. Part 2: All throws must be executed in control with the opponent, holding on to one arm. Drop Seoi nage prohibited Makikomi and throws where Tori lands on the opponent is prohibited. (note, takedowns not included in prohibition) Locks and strangulations is not allowed. Part 3: No Locks or strangulations.</p>
<p><u>Weight categories (in kg's)</u> Girls; -22 -25 -28 -32 -36 -40 -44 -48 +48 Boys; -24 -27 -30 -34 -38 -42 -46 -50 +50</p>
<p><u>Duo</u> All competitions will be judged based on the JJIF contest rules with the following modifications.</p>
<p><u>Categories</u> 1) Boys and boys 2) Boys and girls 3) Girls and girls The organizer has the right to combine classes if ordinary classes is holding a unsatisfactory number of competitors.</p>
<p><u>Series</u> Every Team displays two techniques from class A by their own choices, and two techniques from class B or C by their own choices. The latter has to be from the same serie since it is not allowed to mix techniques from series B and C.</p>
<p><u>Youth competition rules U15 (12, 13 and 14 years)</u> <u>Fighting system</u> All competitions will be judged based on the JJIF contest rules with the following changes.</p>
<p><u>Prohibited actions</u> Part 1: Circular hand and foot techniques to the head is allowed without contact. Part 2: All throws must be executed in control with the opponent, holding on to one arm. Drop Seoi nage prohibited Makikomi and throws where Tori lands on the opponent is prohibited. (note, takedowns not included in prohibition) Any type of locks on knees (knee bar & heel hook). Foot locks (figure four lock against ankle) Wristlocks Guillotine</p>
<p><u>Weight categories (in kg's)</u> Girls; -32 -36 -40 -44 -48 -52 -57 -63 +63 Boys;-34 -37 -41 -45 -50 -55 -60 -66 +66</p>
<p><u>Duo</u> All competitions will be judged based on the JJIF contest rules with the following modifications.</p>
<p><u>Categories</u> 1) Boys and boys 2) Boys and girls 3) Girls and girls The organizer has the right to combine classes if ordinary classes is holding a unsatisfactory number of competitors.</p>
<p><u>Series</u> Every Team displays two techniques from class A by their own choices, and two techniques from class B or C by their own choices. The latter has to be from the same serie since it is not allowed to mix</p>

techniques from series B and C.
<u>Youth competition rules U18 (15, 16 and 17 years)</u>
<u>Fighting system</u> All competitions will be judged based on the JJIF contest rules with the following changes.
<u>Prohibited actions</u> According to the JJIF Fight rules
<u>Weight categories (in kg's)</u> Girls;-40 -44 -48 -52 -57 -63 -70 +70 Boys;-46 -50 -55 -60 -66 -73 -81 +81
<u>Duo</u> All competitions will be judged based on the JJIF contest rules with the following modifications.
<u>Categories</u> 1) Boys and boys 2) Boys and girls 3) Girls and girls The organizer has the right to combine classes if ordinary classes is holding a unsatisfactory number of competitors.
<u>Series</u> The Teams will perform three of the five techniques drawn by lot in each series.
<u>Addendum</u> In fighting competition is Mouthguard mandatory for all players Jockstrap mandatory for all boys
<p>Ne- Waza – Children and Youth Rules</p> <p>The overall rules for adults also apply to children (U8 , U10 , U12 and U15) .</p> <p><i>The following addendum apply for Children and Youth</i></p> <p>.</p> <p>§ 1. The judge has the right to interrupt at a lock for the player, comparable to a “Tap-out” in case he believes there is risk of damage or injury and/or the player is unable to tap out himself.</p> <p>Time of the Match Age categories U8 and U10 - 3 minutes . Age categories U12 and U15 – 4 minutes .</p> <p>Prohibited actions : <i>The following techniques are prohibited for U8 , U10 , U12 and U15 .</i> - Pulling the head with attached triangle (regular triangle is allowed). - Guillotine lock. - Kneebars - Heel-locks - Calf-locks (Allowed in U15) . - Ezikiel (Strangulation with hand and GI sleeve across his neck , a.k.a " scissors") . - Throws where the opponent lands on his head. - Strangulations wich is locking the neck.</p> <p>ADDENDUM The following additions in prohibited actions apply to U8 and U10 . - Strangulations (all types)</p> <p>JJIF Ne- Waza Rules Children and Cadettes 1.0 Weight Categories – see fighting system for each age category</p>