

Competition rules for U15

Fighting system

The competition rules are the official JJIF rules, with the following exceptions:

FORBIDDEN TECHNIQUES

| First part | Second part | Third part |
|---|---|---|
| All kicks and punches executed from a jump. | Any take-down or attempted take-down from the KOTE technique. | Any technique or attempt to execute Kansetsu Waza techniques, except (see Annex). |
| | Shime Waza techniques. | Any technique or attempt to execute Shime Waza techniques, except (see Annex). |
| | Techniques that could injure the opponent (see Annex). | Any technique or attempt to execute techniques at the level of the foot or knee (Hansoku Make). |
| | Any action at the level of the foot or knee. | |

Penalties:

For each penalty, the referee will explain to the athlete what the penalty was given for.

- First part: the penalty given for the above-mentioned forbidden acts is SHIDO;
- Second part: the penalty given for the above-mentioned forbidden acts is CHUI;
- Third part: the penalty given for the above-mentioned forbidden acts is CHUI.

Protections:

1. Protections of the hands, obligatory
2. Protections of the legs, obligatory
3. Groin protection, recommended (boys)
4. Breasts protection, recommended (girls)
5. Dental protection, recommended

Time:

- One round of 2 minute
- Osae Komi: 15 seconds
 - 0-9 sec. = 0 points
 - 10-14 sec. = 1 point (waza-ari)
 - 15 sec = 2 points
 - If the pinned-down athlete taps before the end of the Osae Komi time = 3 points
- In case of Hiki-Wake, the pause is of 1 minute.

Medical time:

- The recovery time in case of injury is of 2 minutes.

Safety:

- a. Any time the mat referee considers that one or both competitors are in danger, he has the right to stop the match. If he used this right, he cannot punish the competitor for his intention.

Injury:

- a. All injuries, willing or unwilling, will be analyzed by the referees responsible for the match and by the competition doctor.

Participation right:

- a. This set of rules refers to athletes who turn 12, 13 or 14 years old during the year of the tournament.

| Weight categories | |
|-------------------|-----------|
| Male | Female |
| Cadets | Cadets |
| 12/13/14 | 12/13/14 |
| 1 x 2 min | 1 x 2 min |
| - 34kg | - 32kg |
| - 37kg | - 36kg |
| - 41kg | - 40kg |
| - 45kg | - 44kg |
| - 50kg | - 48kg |
| - 55kg | - 52kg |
| - 60kg | - 57kg |
| - 66kg | - 63kg |
| + 66kg | + 63kg |










The organizer has the right to join together two categories if there are not enough athletes for organizing any category.

Duo System

In order to have a real comparison between the two couples, the referees should see the same techniques executed by both pairs, as is the case with the upper age categories. For the age category 12-15 years, a number of attacks are selected (3 attacks from 3 series), which all teams will execute. These attacks are executed by each couple in the order dictated by the mat referee.

DUO System categories

- Male
- Female
- Mixed

| SERIES 1 | SERIES 2 | SERIES 3 |
|--|--|--|
|  <p>2</p> |  <p>1</p> |  <p>1</p> |
|  <p>3</p> |  <p>4</p> |  <p>4</p> |
|  <p>5</p> |  <p>5</p> |  <p>5</p> |

Medical time:

- a. The recovery time in case of injury is of 2 minutes.

All techniques forbidden and allowed for U15

Ashi Waza

All techniques are allowed, except:



Uchi Mata

Koshi Waza

All techniques are allowed, except:



Harai Goshi



Sode Tsurikomi Goshi



Ushiro Goshi



Utsuri Goshi

Kata - Te - Waza



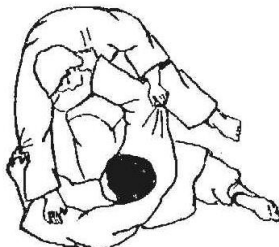




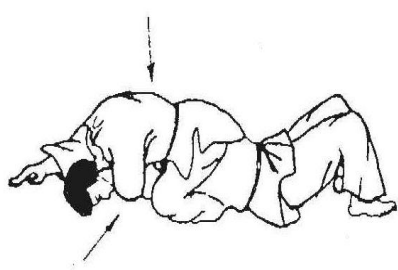

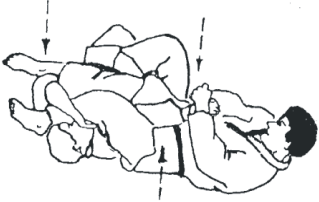
All techniques are allowed, except:



Kata Guruma when done standing



Uki Otoshi

| Sutemi-Waza | |
|---|---|
| <i>All techniques are forbidden, except:</i> | |
|  <p>Sumi Gaeshi</p> |  <p>Tani Otoshi</p> |
|  <p>Hiki Komi Gaeshi</p> |  <p>Yoko Gake</p> |
|  <p>Yoko Otoshi</p> |  <p>Soto Maki Komi</p> |
| Shime Waza part II | <i>All techniques are forbidden</i> |
| Shime Waza part III | |
| <i>All techniques are forbidden, except:</i> | |
|  <p>Kami-Sankaku-Gatame</p> |  <p>Tate-Sankaku-Gatame</p> |
| Kansetsu Waza part II | <i>All techniques are forbidden</i> |
| Kansetsu Waza part III | |
| <i>All techniques are forbidden, except:</i> | |
|  <p>ude hishigi juji gatame as osae-komi, without action on the arm</p> |  <p>kami ude hishigi juji gatame as osae-komi, without action on the arm</p> |